KNOW YOUR STATUS

Viral Hepatitis & Liver Health

What Is It?

Hepatitis B and hepatitis C are viral infections that can quietly damage the liver for years. Many people feel well until serious liver disease has already developed.

Why It Matters

Chronic hepatitis B remains a major cause of cirrhosis and liver cancer in many Asian and Southeast Asian communities.

Across the WHO South-East Asia Region, about 3% of people, roughly 61 million, live with chronic hepatitis B (not to be confused with all Southeast Asian ancestry groups in Cleveland).

Hepatitis C is also important and is now recommended for one-time screening in all adults.

MYTHS	FACTS
"If I feel healthy, I do not need hepatitis testing."	Hepatitis B and C often have no symptoms. Testing is the only way to know.

Take Action Today

- Ask for hepatitis B triple-panel testing. HBsAg, anti-HBs, and total anti-HBc per CDC guidelines.
- Ask if you need the hepatitis B vaccine.
- CDC recommends universal hepatitis C screening for adults 18 and older.
- If you have hepatitis B or C, regular follow-up can prevent complications.

Early testing saves lives.

Many liver diseases are preventable or treatable when found early.

This table provides education only and does not replace medical care. Ask your doctor which tests are right for you.